Diabetes in US Hispanic/Latinos: Disparities and Interventions

SPEAKER: Linda C Gallo, Ph.D.
Professor, San Diego State University
DATE: Friday, February 2, 2018
TIME: 3:00-4:00
LOCATION: Department of Psychology, Room 306

Diabetes affects more than 30 million US individuals, with disproportionate impact in ethnic/racial minority groups and people with low socioeconomic status. Hispanics/Latinos are at higher risk for diabetes than non-Hispanic whites, and also have poorer risk factor control and worse outcomes once diagnosed with diabetes. In the current talk, Dr. Gallo will present findings regarding diabetes prevalence and control from the landmark Hispanic Community Health Study/Study of Latinos (HCHS/SOL), an epidemiological cohort study of > 16,000 adults of Hispanic/Latino descent from four US cities. Following, she will address the potential role of culturally appropriate interventions in promoting better diabetes self-management and clinical outcomes among Hispanics/Latinos with diabetes, discussing recent clinical trials that are testing the effectiveness of healthcare system and patient focused, technology-enhanced interventions in real-world primary care environments.

About Dr. Linda Gallo

Dr. Linda Gallo is a Professor in the Department of Psychology at San Diego State University (SDSU), Core faculty member in the SDSU/UCSD joint Doctoral Program in Clinical Psychology, Adjunct Professor of Public Heath, and Co-Director of the South Bay Latino Research Center0. Her areas of expertise include developing innovative models to understand health disparities, elucidating psychosocial factors in cardio-metabolic health, and developing interventions to improve health among Hispanics/Latinos. Dr. Gallo has over 120 published papers and serves as PI or Co-I on over 23 NIH funded studies.